



St. Martin de Porres House of Hope

Healing Hearts, Minds and Souls

2016 ANNUAL REPORT

Dear Friends of St. Martin de Porres House of Hope

St. Martin de Porres House of Hope has been providing support for women who are homeless and addicted to drugs and their child for more than three decades. We have been able to help thousands of women and children through our gender-specific recovery program that provides women and their children with a safe, comfortable setting where they can address issues directly related to their addiction. Our program takes a holistic approach to recovery by focusing on the mind, body and spirit with a foundation based on the 12-Steps of Alcoholics and Narcotics Anonymous.

This year's annual report provides an overview of the challenges that women face when seeking to recover from addiction and highlights our programming impact during the past year. We hope you will notice in the section on solutions, that our work relies on a foundation of community support from volunteers and donors. Your gift of volunteer service and money is what makes our ministry possible and our impact is a result of your contributions.

Thank you again for your support.
Sincerely,

Marianne Bagnola

Marianne Bagnola
President, Board of Directors

Sister Therese O'Sullivan, IBVM

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Executive Director

Unique Challenges Facing Women Entering Recovery

Twenty-five years ago, gender-separate treatment wasn't considered necessary and dual diagnoses were rarely addressed. Thankfully, today women seeking treatment for alcohol and drug addiction issues have more options, yet several obstacles still exist to getting the help they need.

Women are more likely than men to experience:

- Domestic Violence
- Homelessness
- Sexual Assault
- Victimization

These experiences often lead to co-occurring mental illness disorders such as:

- Anxiety
- Depression
- Eating disorders
- Low self-esteem

Any one of these experiences or mental health disorders can contribute to a women's substance abuse issues. When these challenges are combined with a lack of access to childcare and an unfavorable family or financial situation for women who also happen to be mothers, the pressures become even more enormous.

2016 Resident Demographic Data

Homeless: 100 percent

Average Age: 45

Receiving Government Assistance: 79%

Mental Health Diagnosis: 86%

Chronic Health Diagnosis: 91%

Prior incarceration: 28%

High School/GED: 53%

Elementary Education: 43%

Single: 70%

African American: 76%

Caucasian: 14%

Hispanic: 2%

Mixed Race or Native American: 9%

We Are Part of the Solution

St. Martin de Porres House of Hope is fully aware of the drastically different issues and needs of women trying to recover. We seek to offer as much support as possible to our residents as we create a safe, healing community for them to heal.

Our recovery home is primarily staffed by women. Members of our recovery support staff have gone through our program and have recovered from substance abuse and trauma themselves. They are passionate about helping women and their children get stronger and stay well.

St Martin's believes people are capable of dramatic change when in a nurturing and supportive environment; and we are committed to teaching and modeling personal accountability and coping skills to the women.



Amanda former program participate and current Substance Abuse Counselor

Mission

St. Martin de Porres House of Hope creates a safe, healing community where women and their children recover from substance abuse, trauma and mental illness.

Services

St. Martin de Porres House of Hope heals women and children through a holistic substance abuse recovery program that includes:

- Long-term Shelter
- Substance Abuse Counseling
- Case Management
- Education (Daycare and GED)
- Physical and Mental Wellness
- Spiritual Counseling

*In 2016 the Board of Directors voted to update the mission statement to represent the mental health services that were already a part of our program.

Holistic Program Approach (Body, Mind, Spirit).

We offer a Phase Program based on the 12 -Step Model of Alcoholics and Narcotics Anonymous with residents moving from one level to the next based on readings, understanding of principles, assignments and essay questions related to the application of each of the 12 Steps. Our program is 12—18 months but we believe recovery is a life-long process.

- 24-hour staffing and encouragement of spirituality
- Therapy provided by a Licensed Professional Counselor
- Bi-weekly health consultations by a Osteopathic Physician and Registered Nurse
- Anger Management and Feelings Groups
- Art classes
- Musical program through Harmony, Hope and Healing
- GED classes
- Daycare
- Full scholarships for elementary age children to attend Visitation Catholic School
- Referrals to job training
- Assistance finding dentists and Primary Care Providers
- Linkages with affordable housing providers and government agencies
- Assistance with court orders, probation, and re-activation of licenses and registry listing
- Day and Overnight Retreats
- Financial budgeting and money management sessions



“St. Martin’s has given me hope. When I first got here, I knew this was the place God wanted me to be. I use to take life for granted, this place gave me gratitude.”

- Linda

Women are Tough. Women Persevere.

2016 Impact

- Total Numbers Served – 58 Women and 5 Children
- Total # of Shelter Nights Provided – 9,447
- 11 women successfully completed the program
- Average length of stay 16.5 months
- 6 were employed full time at the time of departure
- 4 were receiving disability at the time of departure
- 10 obtained affordable housing at the time of departure
- More than half of women who completed the program reported having a social support system to help them maintain their sobriety at the time of discharge.
- Sobriety Rate – 90% maintained
- Average number of AA/NA meetings attended per week by residents – 57
- Substance Abuse Individual Counseling Hours Provided – 1,200
- Substance Abuse Group Counseling Hours Provided – 500
- Mental Health, Grief and Spiritual Counseling Hours Provided – 450
- Financial Budgeting Sessions Provided – 302
- Overnight Retreats Attended by Residents – 5
- Day Retreats Attended by Residents – 12

You Make the Difference (Donors and Volunteers)

For more than 30 years and because of generous friends like you, St. Martin de Porres House of Hope has provided a safe, healing community for women and their children. Thank you for partnering with us, your financial support and volunteer service helps to ensure that our ministry continues. Below is a list of a few of the organizations that partnered with us in 2016.



“I have a second chance. I never thought I would be where I am today. I have a bank account, I never had a bank account, I’ve saved money I’ve never saved money before. I came in St. Martin’s with a nasty attitude and Sr. Therese stuck with me and I made it.”

- Brenda

Program Partners

Cara Program
Christ the King
Brother David Darst Center
ENCORE—Old St. Pat's Senior
Group
Harmony Hope and Healing
Hyde Park Union Church
Mt. Carmel High School
Neighborhood School Program
Our Lady of Perpetual Help
Ronald McDonald House

St. Anne's Sharing Board
St. Barnabas Church
St. Paul the Redeemer
St. Louis de Monforte
St. Vincent de Paul Society
University of Chicago Service
League
University of Wisconsin
Vineyard Church



Volunteers from St. Anne's working with the children in our Daycare Program.

Financials

Fiscal Year 2016 Overview of Operating Revenue and Expenses June 1, 2015—May 31, 2016*

Income

Contributions	\$217,455
Grants	\$191,602
Government Grant	\$71,074
Legacies & Memorials	\$28,085
Total Income	\$508,216

Expenses

Administration	\$66,590
Development/Marketing	\$9,459
Payroll/Benefits	\$431,485
Facilities/Shelter	\$68,544
Programs	\$75,444
Total Expenses	\$651,522

The operating shortfall was covered by reserve funds.

*Numbers are preliminary, year end financial audit is still in process

How You Can Help

There are numerous ways for you to partner with us as the needs of the women and children that we serve continue to increase. Our greatest need is for financial support to cover operating expenses such as salaries, shelter, food and programming. We also are always in need of in-kind donations including but not limited to food, cleaning supplies, paper products and bus cards.

You can help us by continuing your support in the upcoming fiscal year and by sharing our mission with your friends and family to encourage them to get involved. To learn more about giving and volunteer opportunities, please contact us via email at info@smdp-hoh.org or call (773) 643-5843.

Our vision is to eradicate the effects on homelessness and substance abuse among women and their children living on the Southside of Chicago.

Will you join us?



Our co-founder and Executive Director, Sister Therese O'Sullivan, along with staff members from Harmony, Hope and Healing and 2016 program participants.



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Executive Director

Sister Therese O'Sullivan, IBVM

Board of Directors (2016)

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